

# How to Succeed in the Ultimate Entrepreneurial Adventure: Retirement

by Pam Robbins

The kids are gone. You're now your own boss. And you have all the time in the world to "do your thing" – if only you knew what it was. If you're like most women, you were so busy working and taking care of your family before you retired, you didn't have time to have a hobby. And, since it's been so long since you've had a hobby, you've forgotten what it is you actually like to do.

Fear not! If you have a couple of hours and a few basic materials, you have everything you need to create a fulfilling retirement: the ultimate entrepreneurial adventure! You're going to make a "vision board." You might have created one when you were younger and trying to figure out what you wanted your "life" to look like, but now that you've achieved all that (right?!), it's time to focus on the really good stuff. What do you want the second half of your life to look like – the part that's really going to be fun?

To create a vision board, all you need is a piece of poster board, scissors, glue, markers, and a bunch of magazines.

Once you've gathered your supplies, stop thinking. Yep, that's what I said. Contrary to what others may advise, do NOT envision your future. Not yet, anyway. Instead, just start browsing through your magazines, cutting out images or words that appeal to you. Again, don't think. Just cut, even if you don't know why a particular image or word catches your attention.

After 30-45 minutes (or whenever you get tired of cutting), stop and start organizing your collection – or more exactly, your "vision." Without knowing it, that's exactly what you've been creating. The cool thing is, you've been doing it from your intuition, heart, source, or whatever you call that wisdom that doesn't come from your brain.

Next, start gluing your images and words onto your board. Then, using your markers, add any additional embellishments that seem to be missing. And, finally, start interpreting your vision. (You may want to ask a friend what she sees, too.)

What themes emerge? You may identify feelings that you want to experience in retirement. Or, you may discover some activities that you want to pursue. Or, you may see nothing obvious at all, and that's OK, too. Just sit with it for a while and come back to it.

No matter what comes up for you, it's all good! You've started to create an intention – a direction – for your retirement, and that's the first step toward making it interesting and fulfilling.

After you've completed your vision board, hang it somewhere where you can easily and regularly see it. Vision boards are based on the law of attraction: you attract what you wish for or expect. I'm not sure why it works, but it does. That's why it's important to let your heart and not your head guide your vision.

Pam Robbins is a life coach and owner of Purple Crayon ([www.purplecrayonavi.com](http://www.purplecrayonavi.com)), a community art studio for women hobby artists. She loves helping women create vision boards and is offering a FREE Vision Board Workshop on Saturday, January 27th, from 2-4PM at Purple Crayon. Please email her at [pam@purplecrayonavi.com](mailto:pam@purplecrayonavi.com) to register. Seating is limited.

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